

Helpful tips when applying for our 2025 Young Volunteers programme

Our volunteering programme is very popular and we get many applications for a limited number of positions.

Below is some useful advice that will help you to make your application as strong as possible:

- Emails are often the first impression we get so they should be written with care and attention to detail.
- Remember to be polite in all your communications – what you say reflects on how you might treat patients.
- You should fill out the application form as thoroughly as you can.
- Your responses should be at least 50 words long, though they can be longer if need be – in those cases please be clear and to the point.

Please see some tips below for ideas of what you should and shouldn't write:

- Write your responses to the application questions in full sentences.
- Be clear about why you want to volunteer and what you want to get out of it.
- Include details if you already have experience in a health care setting though we do understand this is not the case for everyone.
- There are lots of other settings where you may have had to apply relevant skills such as: looking after siblings or family members; taking up roles of responsibility in schools; participating in clubs, societies, or community organisations (sports, scouts, religious groups) or having a part time job.
- AI software (such as Chat GPT, Perplexity, Copilot or Gemini) can be helpful tools, however, please do not copy/paste large chunks of text from them to write your application in full. We are able to recognise if this is the case and it could reflect poorly on your submission and overall commitment to volunteering.
- Check your spelling and grammar and if helpful, get another person to review your application, like a friend or family member.
- Be specific in your responses rather than making generic or vague statements.
- Make sure to be on time to your interview.

We hope you have found this document useful and good luck in your application.



FURTHER, FASTER, FOR ALL.

royalfreecharity.org